



SOCIETY OF AUSTRALASIAN SOCIAL PSYCHOLOGISTS NEWSLETTER

Newsletter Editors: Katie Greenaway & Tyler Okimoto

NOTES FROM THE EXECUTIVE COMMITTEE

MESSAGE FROM THE OUTGOING PRESIDENT

Dear SASP members,

It is wonderful to see that the SASP newsletter is back! Thank you Tyler and Katie for volunteering to take on the job — I am very grateful for that. Even though we now have a good website and all sorts of online opportunities to keep members up to speed with news, it is also clear that a newsletter does so much more than that. I very much hope that you will use the newsletter to share your news with members.

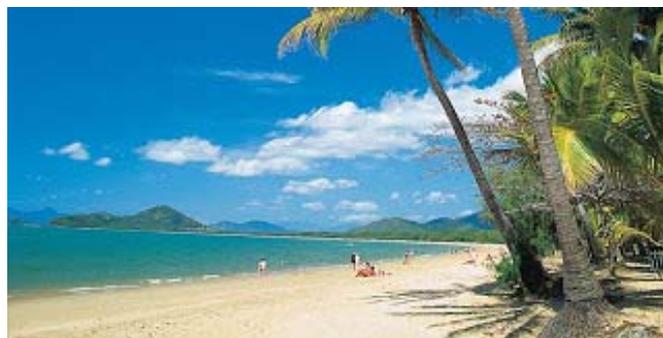
As you would know, Bill von Hippel will be president of SASP for the next two years. As the outgoing president, there are a few final things I would like to mention and draw your attention to. First, I would like to welcome Bill to the role. I am sure he will pave the way for us to achieve even greater things in the future and I hope he enjoys his time in the role. Second, I would like to take time to reflect on a few of SASP's activities over this past year.

Our annual SASP conference in Cairns was a huge success. Aside from the usual thought provoking and stimulating talks, the conference also provided a great opportunity for many of us to catch up with old friends, meet new people and make new friends. I heard from many attendees that they thought it was a great conference and that they had a great time.

The conference was hosted by James Cook University and I am particularly grateful to Nerina Caltabiano — the person who did the

lion's share of the work. I also would like to thank Jennifer McHugh from the Cairns Institute who organized the social program and assisted more generally with the organization of the conference. Thank you to both!

Given the great distances that people had to travel to attend, it was great to see that there were so many people who made their way to Cairns. In total, there were 141 talks scheduled over two and a half days. Prof Paul Amato from Pennsylvania State University delivered the keynote address. Paul's talk was titled "Intimate relations and personal well-being". We also awarded the first Turner Medal this year. This award is presented bi-annually to a SASP member who has made an outstanding contribution to the field. The medal was awarded to Professor Marilynn Brewer from the University of New South Wales. Marilynn delivered an award lecture titled "Ingroup favouritism and outgroup indifference: Loving ingroups does not mean hating outgroups."



For the first time, SASP also hosted a preconference. Craig McGarty and Kate Reynolds organized a one-day Political Psychology preconference jointly sponsored by Murdoch University, ISPP, and SASP. The preconference was well attended and there are plans to again organize a Political

Psychology preconference next year. If you are interested in organizing a preconference (on a topic of your choice), do get in touch with the organizers of the next SASP conference (Michael Platow, ANU).

Another issue I would like to draw your attention to is that I am pleased to report that we were able to financially support lots of students in 2012 and early 2013. More specifically, four postgraduate small grants (each \$500) were awarded to the following research teams:

1. Alexa Hayley (Deakin University) & Diana Onu (University of Exeter). Academic adviser: Prof Tom Postmes (University of Groningen). Title project: Zeitgeist: An empirical phenomenon?
2. Elise Kalokerinos (The University of Queensland), Katharine Greenaway (The University of Queensland), David Pedder (Australian Catholic University), & Elise Margetts (The University of Melbourne). Academic adviser: A/Prof Tom Denson (The University of New South Wales). Title project: The upside of down-regulation: Can suppressing positive emotions improve interpersonal relationships?
3. Jason McIntyre (The University of Queensland) & Maria Abou Abdallah (The University of Melbourne). Academic adviser: Dr Fiona Kate Barlow (The University of Queensland). Title project: The role of self-control and group identification in predicting parochial altruism.
4. Joel Anderson (Australian Catholic University), Avelie Stuart (Murdoch University), Anna Cooke (The University of Queensland), & Isabel Rossen (University of Western Australia). Academic adviser: Dr Kelly Fielding (The University of Queensland). Title project: Sometimes Egalitarian? Using hypothetical societies as a behavioural intervention

We awarded 5 Margaret Foddy Travel awards

to students to attend the SASP conference. They were awarded to Joel Anderson (Australian Catholic University), Adem Aydogan (University of Sydney), Lauren Hall (Murdoch University), Melanie Stone (University of Newcastle) and Avelie Stuart (Murdoch University).

We also supported 5 SASP students to attend the EASP summer school in Limerick. They were Joel Anderson (Australian Catholic University), Rachel McDonald (University of Queensland), Zenobia Talati (University of Western Australia), Lauren Hall (Murdoch), and Lillian Smyth (Australian National University).

Finally, I would like to thank you for the support I received in my role as SASP president. It is wonderful to see that SASP continues to be a very vibrant society and I'm looking forward to seeing the many great initiatives members are currently working on come to fruition in the near future.

Enjoy reading the newsletter!

Kind regards,
Jolanda Jetten

A NOTE FROM THE SASP POSTGRADUATE REPRESENTATIVE

Hello to all the SASP Postgraduates, and to our long-suffering supervisors and colleagues!

In early 2012 I took over the helm from the recently-Doctored Katharine Greenaway as the Postgraduate Representative for SASP, just a few months after joining the Society. My introduction to SASP was the four-day Summer School at North Stradbroke Island, in Queensland in January 2012, which I was encouraged to attend by my Associate Supervisor Dr Lucy Zinkiewicz, a long-time SASP member. It was, quite simply, amazing! and when Katie announced she was ready to move on from her role as the Postgraduate Representative, I was excited to take on the opportunity to be a part of such an energetic and progressive Society.

For those of you who didn't attend the 2012

Summer School, I'll give you a brief run-down about the experience. It was essentially a four-day workshop for SASP Postgrad members and their international EASP and SISPP peers. As a very, *very* new PhD candidate, I was grateful to meet students at different stages of their own research and candidacy and from different institutions, which provided me a sneak-peek at some of the pleasures and terrors awaiting me on my research journey. The range of interests, skills, and personalities of both academics and students made for a vibrant and highly social educational experience at which I personally forged a number of genuine friendships and professional connections. If you decided you were 'too busy' to attend last year, or weren't yet a member of SASP, I encourage you to take advantage of this Society-subsided event, with the next Summer School to be held in early 2014 at the Blue Mountains, in New South Wales. Returning attendees are welcome too, of course!

In 2012, the EASP Summer School was also held in Limerick, Ireland. Four lucky SASP postgraduates were accepted as exchange students to this event, and from their accounts, this was an incredible opportunity for them to once again learn, socialize, and network. These students were: Joel Anderson (Australian Catholic University), Zenobia Tellati (University of Western Australia), the now- Dr Rachel McDonald (University of Queensland), and Lauren Hall (from Murdoch University, who is also our 2013 Postgraduate Presentation Award winner). Lauren has supplied a short piece detailing their experiences at the summer school for you to read.

This year, four SASP Postgraduates will once again have the opportunity to participate as international exchange students, this time at the SISPP Summer School, to be held July in UC Davis. Elise Kalokerinos, Belinda Craig, and Nerisa Dozo (all from the University of Queensland), and Andrea van Dommelen (University of Sydney) have been accepted for this fantastic program! I'm excited to hear about their adventures when next we meet!

But it's not all drinking and throwing around big ideas, as those members who took

advantage of the SASP Summer School Grants will confirm. These Grants were developed in response to the desire of postgraduate members to follow-through with the research hypotheses and designs generated in their workgroups during the 2012 Summer School. Four \$500 grants were awarded to teams. One team supervised by Tom Denison and consisting of Elise Kalokerinos, Katharine Greenaway (both of University of Queensland), David Pedder (Australian Catholic University), and Elise Margetts (University of Melbourne), currently have a manuscript under a second review at *Emotion* based on their summer school project. Their research explored whether suppressing positive emotions can improve interpersonal relationships.

Many postgraduate members also took the opportunity to showcase their research, network, and to catch up with old friends and make new ones, at the 2012 and 2013 SASP Conferences, in Adelaide and Cairns, respectively. My overall impression when attending and presenting at these conferences was that SASP members, both students and academics, are sincere, supportive, and constructive in their feedback, and these conference experiences reinforced my appreciation for the diversity of research skills, interests, and approaches at work within the Society. I cannot recommend these conferences strongly enough to new and current postgraduate members as a valuable resource for professional development and constructive feedback on your research...as well as a cheeky opportunity to mix business with pleasure! If you're anything like me, you came away from these conferences exhausted, inspired, and hung-over.

I'll leave you all on that note, but not before thanking Katie Greenaway and Tyler Okimoto, from UQ, for taking on the roles of Co-Editors for this relaunch of the biannual SASP Newsletter. Thanks guys! We all appreciate your efforts. And to any members out there who have something they want to share with all the other SASP postgrads- achievements, opportunities, events, new theories, possible collaborations, or just a friendly story- make sure you pass these on to Katie and Tyler so they can include your words in the next

Newsletter, scheduled for later in the year.

Feel free to email me at halexa@deakin.edu.au if you ever have a SASP related query, or want to catch up for a beer in Melbourne when you're in town.

Cheers, SASPer's!

Alexa Hayley, SASP Postgraduate Representative

EARLY CAREER RESEARCHER AWARD

Fiona Kate Barlow was awarded the Early Career Researcher Award at the 2013 SASP conference in Cairns. The award committee chose Fiona to receive the award because of her outstanding publication track record and her strong engagement with organizations, media, and policy makers outside academia. Here, Fiona shares some words of wisdom about her success!

AWARDS AND ACCOLADES

TURNER MEDAL

Marilynn Brewer was awarded the Turner Medal for outstanding career achievement at the 2013 SASP conference in Cairns. The award committee were unanimous in their decision to award Marilyn the Turner Medal for her exceptional contribution to the field of social psychology. Her award address was entitled "*Ingroup favouritism and outgroup indifference: Loving ingroups does not mean hating outgroups.*"

Marilynn Brewer received her Ph.D. from Northwestern University in 1968. Dr. Brewer's major interests include (1) social cognition, the perception and cognitive representation of individual persons and person "types;" (2) intergroup relations, especially the study of ingroup biases and the effects of contact between groups on intergroup acceptance; and (3) social identities and the self-concept. She has served as President of the American Psychological Society and has been President of the Western Psychological Association, the Midwestern Psychological Association, the Society for the Psychological Study of Social Issues, and the Society for Personality and Social Psychology. She has also served as Editor of *Personality and Social Psychology Review* and Associate Editor of *Psychological Review* and is an elected fellow of the American Academy of Arts and Sciences.

What inspires your research?

I would like to say careful reading of Classical Philosophy, because I think that would make me sound clever, but in reality, just about everything. First and foremost, I would say that a passion for social justice drives me in my quest to understand prejudice and discrimination. I want to know why we get so hung up on intergroup competition, and why intergroup harmony, conversely, can sometimes feel so threatening. Broadly, however, I would be hard pressed to find something that *doesn't* inspire my research. When I am developing a line of research in conjunction with past research I draw on conversations with colleagues and friends, blog posts, news articles, current events, and even TV shows and novels. In moving to understand the world around us, and how we think, feel and behave as social creatures, almost nothing is out of bounds.

What does it take to be a successful early career researcher?

It takes all the things that your principal advisor told you that it would. In short, having a lot of ideas, running a lot of studies, writing them up, and submitting them for publication. If anything, I would say that it also takes an ability to let go of the idea of being "on top of things". As an early career researcher you are trying to juggle a lot of things: supervision, teaching, your own research, new admin roles, reviewing, grant writing and so on and so forth. On top of this, often you are actually learning how to do these things (i.e., supervision and teaching) while juggling them! I have found that it is impossible to be perfectly in control, which can be hard. I find that when I am able to take a sangfroid

approach to the escalating chaos and stressors and deadlines I actually get more done, and achieve better outcomes.

What is your advice for early career researchers?

My core piece of advice is something that I have repeated often (i.e., in 2012 at the postgraduate workshop at SASP). It is: “do what you are afraid of”. Most of us have a lot of fear. Some of my fears include, but are not limited to: teaching, public speaking, conducting research about sensitive topics, communicating the results of my research to laypeople, communicating with the media, communicating with politicians, my hypotheses not turning out, and being pipped at the post with a line of research. Given that if I gave in to my fears I would be a shut-in, rather than a social psychologist, I take the approach of forcing myself to do almost everything I am frightened of. It is through conducting that sensitive research, pushing for publication, and communicating my research to the public, that I feel that I am doing well as an early career researcher. Even though it is frightening, it is also incredibly rewarding. My second piece of advice is to remember how lucky you are. As social psychologists we have the best jobs in the world – we get to indulge our curiosity for a living, ask big questions, and engage with some of the best minds in the world. What we do can also contribute positively to improving people’s lives. Maintaining that excitement for research, and gratitude for being able to do this as a living I think sustains you as a researcher.



OUTSTANDING POSTGRADUATE RESEARCH AWARDS

Lauren Hall, contributed by Lisa Williams

We proudly announce the winner of the 2013 SASP Postgraduate Award: Lauren Hall of Murdoch University! Lauren’s work applies quantitative and qualitative approaches to the study of how ambition is perceived in men and women and what strategies individuals might use to ameliorate the sometimes negative perceptions that accompany this trait. Her research has revealed compelling insight at the complex dynamics that underlie perceptions of ambition in men and women. Lauren’s presentation was dynamic and engaging and she was able convey the implications of this research in a highly effective manner. Congratulations, Lauren!

We would also like to thank all applicants for the 2012 SASP Postgraduate Award as well as congratulate our two Runners-Up: Jason McIntyre and Lillian Smyth.



FEATURE ARTICLE: ANATOMY OF A LAB

In this section we aim to give our readers an insight into the workings of different (highly successful) labs around Australia. We hope this section will give people ideas about activities you could introduce in your own institution, but it also gives us a chance to have a sticky-beak into the goings-on of other labs! Thanks to Steve Loughnan for kicking off the first issue.

Social Psychology Lab at The University of Melbourne

Contributed by Steve Loughnan

Research laboratories are a great way to achieve a few important goals: They can galvanize researchers around particular research areas; integrate expertise and resources; create an inspirational environment for new and 'experienced' researchers alike; provide a gateway for going to the pub on a Friday after work. While I can only vouch that the latter always happens, the social psychology laboratories at Melbourne University additionally aim at the former.

The lab structure at Melbourne is nested, with subject and researcher specific labs nested with a broader Social Psychology Lab. This Social Psychology Lab involves all academic staff (from professors to post-docs) and their PhD students. The group also contains interested academics from nearby universities, visiting fellows, and both public and private research centers, such as the Melbourne Business School, Gender Equity Project, and Empirca Research. Members are also drawn from other sub-disciplines within the School, such as cognitive and clinical psychology. This group convenes weekly for a seminar series where members present a either a topical journal article or their own research for discussion and very occasionally, criticism. The group also convenes for special colloquia by visiting scholars or lab members who want feedback on a presentations or recent research findings. This lab contains a broad mix of interests across social psychology (and beyond) and offers a general perspective on the field. It also comes with cheese and wine.

Within this broad structure there are smaller labs organized around particular academics or specific topic areas. These labs are typically 'deeper', including not only academics and PhD students but also Masters students, 4th year students, research assistants, and interested undergraduates. The Melbourne Moral Psychology Lab (MMPL: <http://www.melbournemoralpsychologylab.com/>) headed by Simon Laham exemplifies a topic focused lab. During our weekly meetings we either discuss recent findings in moral psychology or listen to presentations of research conducted by lab members. These presentations provide an opportunity for undergraduates and Masters students to present research and participate in academic discussion outside of their coursework. The MMPL also helps connect researchers, research assistants, and students interested in moral psychology, organically generating collaborative research projects.



So what lessons could be drawn from our experience? "Journal clubs" where people present a paper (circa 30mins) and then discuss it are not only valuable in their own right, but further inspire and connect researchers to generate divergent and non-thesis related lines of inquiry. This is particularly useful for graduate (PhD) students, who can become narrowly focused around a single topic and socially isolated from their peers. If a group of people share a common interest, theme based laboratories can help turn that interest into shared knowledge and projects. Many undergraduates are keen to participate in social psychology labs, and including them in lab meetings creates a nice continuity from undergraduate to honors through to graduate study. Finally, cheese, beer, and wine have clear potential to grease the creative wheels.

MEMBER NEWS

Some Recent Publications:

- Adarves-Yorno, I., Jetten, J., Postmes, T. & Haslam, S.A. (2013) 'War on terror' or 'terror of war'? The effects of framing on ingroup identification and allegiance. *Journal of Social Psychology, 153*, 25-37.
- Amiot, C.E., Sanfaçon, S., & Louis, W. R. (2013). Uncovering hockey fans' motivations behind their derogatory behaviors and how these motives predict psychological well-being and quality of social identity. *Psychology of Sport and Exercise, 14*(3), 379–388. DOI: 10.1016/j.psychsport.2012.12.004
- Bastian, B., Jetten, J., Chen, H., Radke, H.R.M., Harding, J.F., & Fasoli, F. (2013). Losing our humanity: The self-dehumanizing consequences of social ostracism. *Personality and Social Psychology Bulletin, 39*, 156-169.
- Bastian, B., Jetten, J., & Stewart, E. (2013). Physical pain and guilty pleasures. *Social Psychological and Personality Science, 4*, 215-219.
- Ellemers, N., & Jetten, J. (2013). The many ways to be marginal in a group. *Personality and Social Psychology Review, 17*, 3-21.
- Jetten, J., Haslam, S.A., & Barlow, F. (2013). Bringing back the system: One reason why conservatives are happier than liberals is that higher socio-economic status gives them access to more group memberships. *Social Psychological and Personality Science, 4*, 6-13.
- Jetten, J., & Hornsey, M.J. (in press). Deviance and dissent in groups. *Annual Review of Psychology*.
- Jetten, J., Iyer, A., Branscombe, N.R., & Zhang, A. (in press). How the disadvantaged appraise group-based exclusion: The path from legitimacy to illegitimacy. *European Review of Social Psychology*.
- Jetten, J., Schmitt, M.T., & Branscombe, N. R. (2013). Rebels without a cause: Discrimination appraised as legitimate harms group commitment. *Group Processes and Intergroup Relations, 16*, 159-172.
- McDonald, R. I., Fielding, K. S., & Louis, W. R. (2013). Energizing and de-motivating effects of norm conflict. *Personality and Social Psychology Bulletin, 39*(1), 57-72. DOI: 10.1177/0146167212464234
- O'Donnell, A. T., Ryan, M. K., & Jetten, J. (2013). The hidden costs of surveillance for performance and helping behaviour. *Group Processes and Intergroup Relations, 16*, 246-256.
- Okimoto, T. G., Wenzel, M., & Hedrick, K. (2013). Refusing to apologize can have psychological benefits (and we issue no mea culpa for this research finding). *European Journal of Social Psychology, 43*(1), 22-31. DOI: 10.1002/ejsp.1901
- Penhaligon, N. P., Louis, W. R., & Restubog, S. L. D. (2013). Feeling left out: The mediating role of perceived rejection on workgroup mistreatment and affective, behavioral and organizational outcomes and the moderating role of organizational norms. *Journal of Applied Social Psychology, 43* (3), pp. 480 - 497. doi: 10.1111/j.1559-1816.2013.01026.x
- Ramos, M. R., Jetten, J., Zhang, A., Badea, C., Iyer, A., Cui, L., & Zhang, Y. (in press). Minority goals for interaction with the majority: Seeking distance from the majority and the effect of rejection on identification. *European Journal of Social Psychology*.
- Rubin, M. (in press). "It wasn't my idea to come here!": Ownership of the idea to immigrate as a function of gender, age, and culture. *International Journal of Intercultural Relations*.
<http://dx.doi.org/10.1016/j.ijintrel.2013.02.001>
- Thomas, E.F., & Louis, W. R. (2013). Doing Democracy: The social psychological mobilization and consequences of collective action. *Social Issues and Policy*

Review, 7(1), 173-200. DOI:
10.1111/j.1751-2409.2012.01047.x

Zhang, A., Jetten, J., & Iyer, A. (2013).
Difference makes the heart grow fonder:
Perceiving intergroup difference
enhances minority groups' willingness to
integrate. *Group Processes and
Intergroup Relations*, 16, 192-208.

Zhang, A., Jetten, J., Iyer, A., & Cui, L. (2013). "It
will not always be this way": Cognitive
alternatives improve self-esteem in
contexts of segregation. *Social
Psychological and Personality Science*, 4,
159-166.

Submit your news items to the next newsletter! Email any news between June and November 2013 to:
t.okimoto@uq.edu.au News may include any of the following items:

- **Publications**, in print (or online early view) since Jan 2013 + DOI
- **New Grants, Awards, or Fellowships** since Jan 2013
- **Comings/Goings**: recent relocations or new appointments
- **Personals** (e.g., seeking postdoc, special issues call, conference announcements)
- **Graduating Postgrads**: name, dissertation title, email/contact/weblink, future plans (one sentence)

THE LIGHTER SIDE OF SASP

ACADEMIC DOPPELGÄNGER

We've all thought it at one point or another. Brock Bastian (University of Queensland) totally looks like Robert Downey Jr. Send your academic look-a-likes to: k.greenaway@psy.uq.edu.au

